KAISER PERMANENTE.: Northern CA Standard Option

Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure (RI 73-003) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at <a href="www.kp.org/feds">www.kp.org/feds</a> and view the Glossary at <a href="www.healthcare.gov/sbc-glossary">www.healthcare.gov/sbc-glossary</a>. You can call 1-800-278-3296 (TTY: 711) to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$ 100 / person up to \$ 200 / family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. <u>Copayments</u> and <u>coinsurance</u> amounts do not count toward your <u>deductible</u> , which generally starts over January 1. When a covered service/supply is subject to a <u>deductible</u> , only the <u>Plan</u> allowance for the service/supply counts toward the <u>deductible</u> . If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and services indicated in chart starting on page 2	This plan covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan?</u>	\$ 3,000 / person up to \$ 6,000 / family	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, health care this plan doesn't cover, and other services outlined in the FEHB brochure.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <a href="www.kp.org/feds">www.kp.org/feds</a> or call 1-800-278-3296 (TTY: 711) for a list of <a href="plan providers">plan providers</a> .	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a referral before you see the <u>specialist</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important Information
Medical Event	Services You May Need	<u>Plan Provider</u> (You will pay the least)	Non-Plan Provider (You will pay the most, plus you may be balance billed)	
	Primary care visit to treat an injury or illness	\$30 / visit, <u>deductible</u> does not apply.	Not covered	None
If you visit a health	Specialist visit	\$40 / visit, <u>deductible</u> does not apply.	Not covered	None
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge, <u>deductible</u> does not apply.	Not covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
lf von bovo a toat	<u>Diagnostic test</u> (x-ray, blood work)	\$10 / encounter	Not covered	None
If you have a test	Imaging (CT/PET scans, MRIs)	\$50 / procedure	Not covered	None
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.kp.org/formulary	Generic drugs	\$15 retail; \$30 mail order / prescription, deductible does not apply.	Not covered	Up to 30-day supply (retail) and 100-day supply (mail order). No charge for contraceptives, <u>deductible</u> does not apply. Subject to <u>formulary</u> guidelines.
	Preferred brand drugs	\$50 retail; \$100 mail order / prescription, deductible does not apply.	Not covered	Up to 30-day supply (retail) and 100-day supply (mail order). Subject to formulary guidelines.
	Non-preferred brand drugs	\$50 retail; \$100 mail order / prescription, deductible does not apply.	Not covered	Up to 30-day supply (retail) and 100-day supply (mail order). Must be authorized through the exception drug process.
	Specialty drugs	\$150 / prescription, deductible does not apply.	Not covered	Up to 30-day supply. Subject to <u>formulary</u> guidelines.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$200 / procedure	Not covered	None
	Physician/surgeon fees	No charge	Not covered	Physician/surgeon fees are included in the Facility fee.

Common	What You Will Pay		Will Pay	Limitations, Exceptions, & Other Important Information
Medical Event	Services You May Need	Plan Provider (You will pay the least)	Non-Plan Provider (You will pay the most, plus you may be balance billed)	
	Emergency room care	\$150 / visit	\$150 / visit	Copayment waived if admitted directly to hospital as inpatient.
If you need immediate medical	Emergency medical transportation	\$150 / trip	\$150 / trip	None
attention	<u>Urgent care</u>	\$30 / visit, <u>deductible</u> does not apply.	Not covered	Non-Plan providers covered when temporarily outside the service area: \$30 / visit, deductible does not apply.
If you have a	Facility fee (e.g., hospital room)	\$500 / admission	Not covered	None
hospital stay	Physician/surgeon fees	No charge	Not covered	Physician/surgeon fees are included in the Facility fee.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Mental / Behavioral health: \$30 / individual visit, deductible does not apply. Substance Abuse: \$30 / individual visit, deductible does not apply.	Not covered	Mental / Behavioral health: \$15 / group visit, deductible does not apply.  Substance Abuse: \$5 / group visit, deductible does not apply.
	Inpatient services	\$500 / admission	Not covered	None
If you are pregnant	Office visits	No charge, <u>deductible</u> does not apply.	Not covered	Depending on the type of services, a <a href="mailto:copayment">copayment</a> , coinsurance, or <a href="mailto:deductible">deductible</a> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery professional services	No charge	Not covered	Professional services are included in the Facility fee.
	Childbirth/delivery facility services	\$500 / admission	Not covered	None
If you need help recovering or have	Home health care	No charge, <u>deductible</u> does not apply.	Not covered	None
J	Rehabilitation services	Outpatient: \$30 / visit	Not covered	None

Common		What You Will Pay		Limitations, Exceptions, & Other Important Information
Medical Event	Services You May Need	<u>Plan Provider</u> (You will pay the least)	Non-Plan Provider (You will pay the most, plus you may be balance billed)	
other special health		Inpatient: \$500 / admission		
needs	Habilitation services	Outpatient: \$30 / visit Inpatient: \$500 / admission	Not covered	None
	Skilled nursing care	No charge	Not covered	Up to 100-day limit / benefit period.
	Durable medical equipment	50% <u>coinsurance</u> , <u>deductible</u> does not apply.	Not covered	Prior authorization required
	Hospice services	No charge, <u>deductible</u> does not apply.	Not covered	None
If your child needs	Children's eye exam	No charge for refractive exam, deductible does not apply.	Not covered	None
dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

#### **Excluded Services & Other Covered Services:**

Cosmetic surgery

• Eye glasses

Private-duty nursing

Dental care

Long-term care

Weight loss program

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your FEHB Plan brochure.)

- Acupuncture (plan provider referred)
- Bariatric surgery
- Chiropractic care (20 visit limit/year)
- Infertility treatment

- Hearing aid (\$1,000 limit / ear every 36 months)
- Non-emergency care when traveling outside the U.S. Routine foot care See the FEHB Plan Brochure for information
- Routine eye care

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-800-278-3296 (TTY: 711) or visit <a href="www.opm.gov/healthcare-insurance/healthcare">www.opm.gov/healthcare-insurance/healthcare</a>. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: 1-800-278-3296 (TTY: 711).

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-788-0616 (TTY: 711).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-278-3296 (TTY: 711).

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-757-7585 (TTY: 711).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-278-3296 (TTY: 711).

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

#### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$100
■ Specialist copayment	\$40
■ Hospital (facility) copayment	\$500
Other copayment	\$10

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

## In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$100	
<u>Copayments</u>	\$600	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$50	
The total Peg would pay is	\$750	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$100
■ Specialist copayment	\$40
■ Hospital (facility) copayment	\$500
Other copayment	\$10

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

#### In this example, Joe would pay:

\$90
\$ 1,200
\$300
\$0
\$ 1,590

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$100
■ Specialist copayment	\$40
■ Hospital (facility) copayment	\$500
■ Other copayment	\$10

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

## In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$100
<u>Copayments</u>	\$500
Coinsurance	\$20
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$620