

# Find your healthy place

With care for all that is you





# Go where you feel like your best self

We can help you get to your healthy place – no matter where it is. Care at Kaiser Permanente feels easier and faster, with the help of connected caregivers, more ways to get care, and support for the whole you. Welcome to care that fits your life.

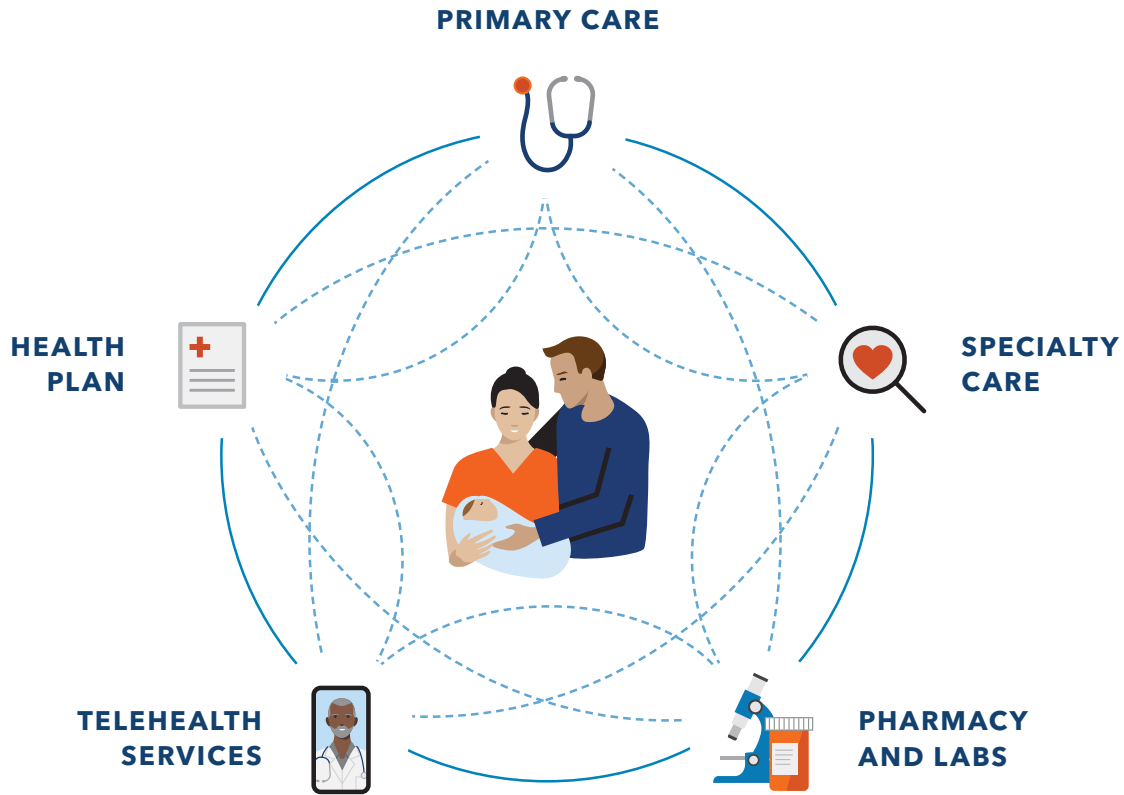
## LEARN MORE ABOUT:

|  |    |
|--|----|
| Built to make your life easier .....         | 4  |
| Industry-leading clinical quality .....      | 7  |
| Healthy resources.....                       | 8  |
| Care away from home .....                    | 10 |
| Plan options and 2023 benefits .....         | 12 |
| Here’s what you’ll pay.....                  | 13 |
| Senior Advantage plans for FEHB members..... | 15 |
| Quality vision and dental coverage.....      | 20 |
| Locations near you .....                     | 22 |

### Want to talk? We’re here to help.

A Kaiser Permanente enrollment specialist can answer your questions – like where to get care or what extra perks are included. Contact your employer or call us at **1-855-315-1006 (TTY 711)**, Monday through Friday, 10 a.m. to 8 p.m. **Open Season hours:** Monday through Friday, 9 a.m. to 10 p.m. Learn more at [kp.org/feds](https://kp.org/feds).





## Built to make your life easier

Kaiser Permanente combines care and coverage – which makes us different from your other health care options. Your doctors, hospitals, and health plan work together to help make exceptional health care easy to get. That means you'll have peace of mind knowing care for your total health is there whenever you need it – from your doctor's office to your living room.

To see what it's like to be a member, visit [kp.org/myhealthyplace](https://kp.org/myhealthyplace).

"I really appreciate the coordination of care. Every doctor and specialist can access my records, and I don't have to waste valuable time repeating medical histories."

–Lisa, Kaiser Permanente member

# A better experience from the start

We guide you through each step of joining Kaiser Permanente, so you get the care you need without missing a beat.



## Search profiles to find the right doctor

Our online doctor profiles let you browse the many doctors and locations in your area, even before you enroll. So you can join knowing you've found a doctor who fits your needs.



## Transition your care seamlessly

Easily move prescriptions and schedule a visit with a doctor who's close to your home, work, or school. From day one, you'll have the support you need to help reach your health goals.



## Connect to care online

After you enroll, create an account at **kp.org** or download the Kaiser Permanente app. Then manage your health on your schedule – whenever, wherever.

### Health care doesn't have to be confusing

If you don't know an HMO from an HSA, you're not alone. But rest assured – we're here to make health care easier to understand. Get help learning the basics at **kp.org/learnthebasics**.



# Convenient ways to get care

Same-day, next-day, and weekend appointments are available at most locations, and by phone and video.<sup>1</sup>



Visit us in person at a location near you.



Talk to a health care professional by phone, chat, or video.<sup>2</sup>



## 24-hour virtual care on your schedule and at no cost

If a trip to the doctor's office doesn't fit your schedule, it's easy to get fast, personalized support – daytime, nighttime, anytime.

- Schedule a phone or video visit with a doctor or clinician.<sup>2</sup>
- Get 24/7 care advice by phone.
- Email your Kaiser Permanente doctor's office with nonurgent questions.
- Use our e-visit questionnaire to get personalized care advice for certain conditions, order many tests, and get some prescriptions online.
- Chat online with a Kaiser Permanente clinician for advice.<sup>2</sup>



## Prescription delivery

Fill prescriptions online or with the Kaiser Permanente app.<sup>3</sup>

- Have most delivered directly to your front door.
- Order them for same-day pickup.
- You don't pay for U.S. mail delivery. And when you order refills by mail, you get a 90-day supply and pay only 2 30-day-supply plan pharmacy copays for most drugs.



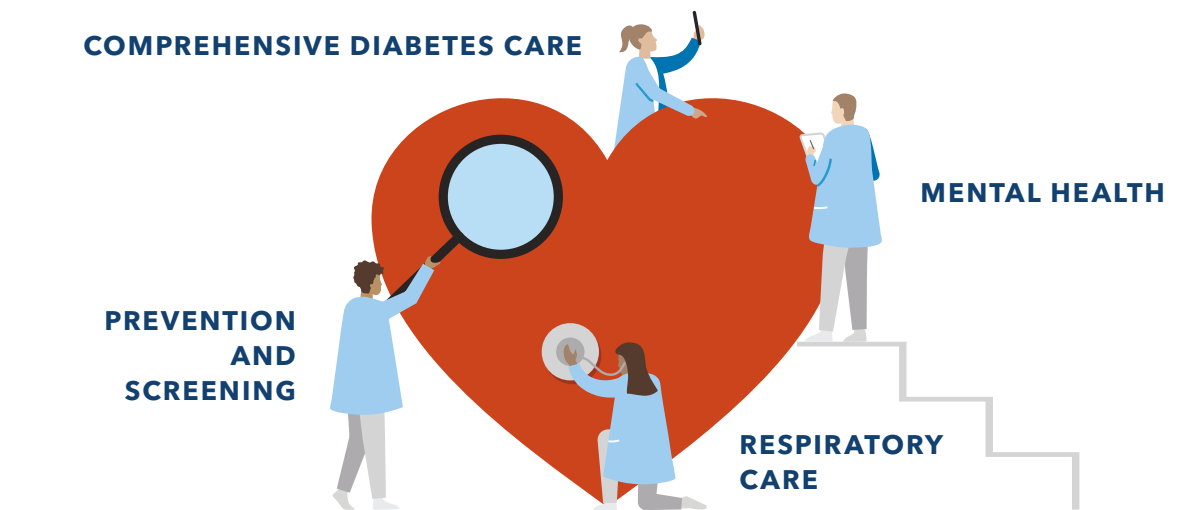
## Kaiser Permanente app

Manage your health 24/7 with our app. It's an easy, convenient way to do everything described above – anytime, anywhere.<sup>4</sup>

# Industry-leading clinical quality

We're known for catching problems early with preventive care. But if your health needs serious attention, our industry-leading specialty care has you covered.

In 2021, Kaiser Permanente led the nation as the top performer in 42 effectiveness-of-care measures. The closest national competitor led in only 14.<sup>5</sup>



## Specialty care when you need it

No matter your needs – mental health, maternity, cancer care, heart health, or another specialty – you'll have access to great doctors, advanced technology, and evidence-based care to help you recover quickly.

### A comprehensive approach to care

With one of the largest multispecialty medical groups in the country, we can connect you with the right specialist who will create a personalized plan for your care. To learn how our specialists work together in a connected system, visit [kp.org/specialtycare](https://kp.org/specialtycare).

### Support for ongoing conditions

If you have a condition like diabetes or heart disease, you're automatically enrolled in a disease management program for personal coaching and support. With a well-rounded approach backed by proven best practices and advanced technology, we'll help you get the care you need to continue living life to the fullest.

# Healthy resources

Good health goes beyond the doctor's office. Explore some of the convenient resources available to members and choose the ones that fit your life.

## Get the most out of your membership perks



### Help to quit smoking<sup>6</sup>

If you use cigarettes, e-cigarettes, or other tobacco products, let us help you quit. You pay nothing for classes, coaching by phone, online programs, and prescriptions, including prescribed over-the-counter tobacco-cessation drugs. For more information, ask your doctor or visit [kp.org/quitsmoking](https://kp.org/quitsmoking).



### Online wellness tools<sup>6</sup>

Visit [kp.org/healthyliving](https://kp.org/healthyliving) for wellness information, health calculators, fitness videos, podcasts, and recipes from world-class chefs.



### Complementary health and fitness programs<sup>6</sup>

Enjoy reduced rates on services that can help you stay healthy – like gym memberships<sup>6, 7</sup>, acupuncture, massage therapy, and chiropractic care.



### Healthy lifestyle programs<sup>6, 7</sup>

Connect to better health with online programs to help you lose weight, reduce stress, and more – all at no cost. Learn more at [kp.org/healthylifestyles](https://kp.org/healthylifestyles).



### Personal wellness coaching<sup>6, 7, 8</sup>

Get help reaching your health goals. Work one-on-one with a wellness coach by phone at no cost. Find out more at [kp.org/wellnesscoach](https://kp.org/wellnesscoach).

## More ways to help improve your total health<sup>6, 7, 8</sup>



Members can use meditation and mindfulness to build mental resilience, reduce stress, and improve sleep.



Members can set mental health goals, track progress, and get support managing depression, anxiety, and more.



This preventive, on-demand approach to mental health provides support anywhere, anytime.



# Healthy rewards

Here are some steps you can take to improve your health and overall well-being – while earning rewards to pay for qualified medical expenses.

## Get active about your health and get rewarded

Subscribers and their enrolled spouses can earn **\$250** in rewards per person by completing these activities:<sup>9</sup>

1. Take our Total Health Assessment, an online questionnaire that gives you a wellness action plan.
2. Complete these biometric screenings:
  - Blood glucose
  - Blood pressure
  - Body mass index (BMI)
  - Total cholesterol

You need to complete both activities during the 2023 calendar year to earn your rewards. Start by visiting [kp.org/feds](https://kp.org/feds) to learn more and get started.

## What can I pay for with my rewards?

We'll send you a Kaiser Permanente health payment card once you've completed all activities. You can use it to pay for qualified medical expenses, including:

- Your deductible
- Costs for care such as your copays
- Prescription eyeglasses or contact lenses
- Prescription medications at Kaiser Permanente pharmacies
- Other IRS-qualified medical expenses



# Care away from home

You're covered for urgent and emergency care anywhere in the world.<sup>10</sup> If you're planning to travel, we can help you stay on top of your health when you're away from home. We'll work with you to see if you need a vaccination, prescription refills, and more. And once you're registered at **kp.org** and download our app, you can see your health information online.



## In a different Kaiser Permanente area

You're covered for certain routine and specialty care services, including care for ongoing health conditions, at any of our Kaiser Permanente or affiliated facilities in a different Kaiser Permanente service area.



## Student coverage outside a Kaiser Permanente area

Students taking at least 12 credit hours per semester at an accredited institution outside a Kaiser Permanente area and within the United States are covered for routine, continuing, and follow-up medical care. You pay 20% of the usual and customary charges with an annual benefit limit of \$1,200.



## Other coverage outside Kaiser Permanente areas

In addition to emergency care, you can also get certain follow-up care when Kaiser Permanente facilities aren't nearby. When you're temporarily outside your home service area by more than 100 miles and outside any other Kaiser Permanente area, you're covered for:

- Outpatient follow-up care to complete a course of treatment after a covered emergency
- Outpatient continuing care for covered services related to conditions diagnosed and treated within the previous 12 months by a Kaiser Permanente practitioner or affiliated practitioner

You pay \$25 for each follow-up or continuing care office visit. We pay up to \$1,200 each calendar year for this follow-up or continuing care travel benefit.



### 24/7 travel support

Just call our Away from Home Travel Line at **951-268-3900** or visit **kp.org/travel** for more information.<sup>11</sup>

# Which plan option is right for you?

## 1. Choose an option

| High Option  | Standard Option   | Prosper<br>(formerly named Basic Option)  |
|--|---|---|
| <ul style="list-style-type: none"> <li>• Lowest copays</li> <li>• No deductible</li> <li>• \$0 primary care copay for children</li> <li>• Preventive dental</li> <li>• \$0 telehealth</li> </ul> | <ul style="list-style-type: none"> <li>• \$0 primary care copays for children</li> <li>• \$0 for inpatient maternity</li> <li>• Lower premium than High Option</li> <li>• No deductible</li> <li>• Preventive dental</li> <li>• \$0 telehealth</li> </ul> | <ul style="list-style-type: none"> <li>• Lowest premium option</li> <li>• \$250 deductible</li> <li>• Predictable copays</li> <li>• \$0 telehealth</li> </ul> |
| Best option if you:  | Best option if you:   | Best option if you:   |
| <ul style="list-style-type: none"> <li>• Anticipate frequent care visits</li> <li>• Want predictable and low out-of-pocket costs</li> </ul>  | <ul style="list-style-type: none"> <li>• Want a lower premium and predictable out-of-pocket costs</li> </ul>  | <ul style="list-style-type: none"> <li>• Are in good overall health</li> <li>• Want to pay the lowest premiums</li> </ul>                                     |

## 2. Select the type of enrollment you want

- **Self Only** covers you.
- **Self Plus One** covers you and one eligible family member.
- **Self and Family** covers you and all eligible family members.

## 3. Sign up online or call

Find your enrollment code in the chart on page 13. Then visit [opm.gov](https://www.opm.gov) to enroll online or contact your employing agency or retirement office for next steps and other information.

If you qualify for Medicare, or will soon, see page 15 for more information.

### Changing your enrollment type



FEHB enrollees can make changes during Open Season. Outside Open Season, you may be able to change your enrollment if you experience a qualifying life event. To change enrollment types, you must change your enrollment by following Step 3 above.

These are highlights of the FEHB enrollment process. Please refer directly to [opm.gov](https://www.opm.gov) and your employing agency or retirement office for FEHB coverage effective dates, enrollment procedures and deadlines, and other information. To add an eligible family member to your Kaiser Permanente Self and Family enrollment, complete and return an Enrollment Change Form to us. These forms can be obtained at [kp.org/feds](https://kp.org/feds) or by calling Member Services.

# Your 2023 benefits at a glance

| Benefits and Services                      |              | High Option                            | Standard Option                        | Prosper            |
|--|--------------|--|--|--------------------|
| <b>Deductible</b>                          |              | None                                   | None                                   | \$250              |
| <b>Outpatient services</b>                 |              |  |  |                    |
| Preventive care                            |              | \$0                                    | \$0                                    | \$0                |
| Telehealth                                 |              | \$0                                    | \$0                                    | \$0                |
| Primary care office visit                  |              | \$15 (\$0 for children through age 17) | \$20 (\$0 for children through age 17) | \$20               |
| Specialty care office visit                |              | \$30                                   | \$40                                   | \$40               |
| Laboratory tests                           |              | \$0                                    | \$0                                    | \$0                |
| X-rays                                     |              | \$0                                    | \$0                                    | \$0                |
| Chiropractic services – 20 visits per year |              | \$30                                   | \$40                                   | \$40               |
| <b>Maternity</b>                           |              |  |  |                    |
| Routine prenatal care and postpartum visit |              | \$0                                    | \$0                                    | \$0                |
| Delivery                                   |              | \$250                                  | \$0                                    | \$750 <sup>1</sup> |
| <b>Hospital services</b>                   |              |  |  |                    |
| Outpatient surgery                         |              | \$150                                  | \$200                                  | \$250 <sup>1</sup> |
| Inpatient hospital                         |              | \$500                                  | \$750                                  | \$750 <sup>1</sup> |
| <b>Emergency and urgent care</b>           |              |  |  |                    |
| Urgent care                                |              | \$30                                   | \$40                                   | \$40               |
| Emergency care                             |              | \$200                                  | \$200                                  | \$250              |
| Ambulance                                  |              | \$100                                  | \$125                                  | \$150              |
| <b>Prescription drugs</b>                  |              |  |  |                    |
| Generic                                    | Preferred    | \$5                                    | \$5                                    | \$5                |
|  | Nonpreferred | \$10                                   | \$10                                   | \$10               |
| Brand                                      | Preferred    | \$45                                   | \$45                                   | \$45               |
|  | Nonpreferred | \$45                                   | \$55                                   | \$65               |
| Specialty                                  |              | \$100                                  | \$150                                  | \$200              |
| <b>Preventive dental</b>                   |              | Covered                                | Covered                                | Not covered        |
| <b>Out-of-Pocket Maximum</b>               |              | \$4,000                                | \$5,000                                | \$6,500            |

<sup>1</sup>Deductible applies.

**Notes:**

- Deductible and out-of-pocket maximum amounts are per person, but no more than 2 times per family.
- Telehealth options include video, phone, email, and more. See page 6, “Convenient ways to get care.”
- Prescription drug copayments are for a 30-day supply at Kaiser Permanente Plan medical office pharmacies. You pay only 2 copays for up to a 90-day supply for most drugs through Kaiser Permanente’s mail-order program.

This is a summary of the features of the Kaiser Permanente – Georgia FEHB plan. Before making a final decision, please read the Plan’s Federal brochure (RI 73-321). All benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochure.

# Here's what you'll pay

These rates do not apply to all enrollees. If you are in a special enrollment category, please refer to the FEHB Program website or contact the agency or Tribal Employer that maintains your health benefits enrollment.

| Your Premium Share* |          | High Option | Standard Option | Prosper  |
|---------------------|----------|-------------|-----------------|----------|
| Self Only           | Biweekly | \$113.04    | \$72.93         | \$50.13  |
|                     | Monthly  | \$244.92    | \$158.02        | \$108.62 |
| Self Plus One       | Biweekly | \$281.91    | \$164.83        | \$113.30 |
|                     | Monthly  | \$610.81    | \$357.13        | \$245.49 |
| Self and Family     | Biweekly | \$231.01    | \$164.83        | \$130.16 |
|                     | Monthly  | \$500.53    | \$357.13        | \$282.02 |

## Choose the right enrollment code

| Enrollment Code | High Option | Standard Option | Prosper |
|-----------------|-------------|-----------------|---------|
| Self Only       | F81         | F84             | LA1     |
| Self Plus One   | F83         | F86             | LA3     |
| Self and Family | F82         | F85             | LA2     |

### Self Plus One



Enrollees covering themselves and one other eligible family member may choose either the Self Plus One or Self and Family enrollment type, whichever has a lower premium. You should decide which enrollment type is best for you.

**To sign up**, find your enrollment code in the chart above. Then, visit **opm.gov** to enroll online or contact your employing agency or retirement office for next steps and other information.

These are highlights of the FEHB enrollment process. Please refer directly to **opm.gov** and your employing agency or retirement office for FEHB coverage effective dates, enrollment procedures and deadlines, and other information.

**Need help?** Call **1-855-315-1006**, Monday through Friday, 10 a.m. to 8 p.m.  
**Open Season hours:** Monday through Friday, 9 a.m. to 10 p.m. For TTY, call **711**.



# Get more with a Kaiser Permanente Medicare health plan

## Why choose a Kaiser Permanente Medicare health plan for FEHB members?

As a Kaiser Permanente member, you can enhance your FEHB benefits without increasing your premiums by enrolling in a Kaiser Permanente Senior Advantage for Federal Members (HMO) plan.<sup>12</sup> You keep your FEHB coverage, but you will pay lower copays and get additional benefits. You must have Part B to enroll in Senior Advantage.

**NEW FOR 2023:** High or Standard Option Senior Advantage 2 members will be reimbursed up to **\$2,400** per year (**\$200** per month) for the Medicare Part B premium. This covers what most people pay, including late enrollment penalties (LEP) and Income Related Monthly Adjustment Amount (IRMAA).

## Attend a FREE\* online seminar



### Live webinars available

Online webinar meetings are available to meet your busy schedule. Or watch our on-demand webinars anytime that works for you. Register for a live webinar presented by Kaiser Permanente's FEHB Medicare team.

Join us to hear about the exclusive Medicare health plan benefits available only to Federal members. You'll also learn about the next steps you need to take, get resources to help you enroll, and have the opportunity to ask questions that are important to you.



Scan the QR code with your smartphone's camera or visit [kp.org/fedsmedicare](https://kp.org/fedsmedicare) to RSVP for an online webinar.



For more information on our Kaiser Permanente Medicare health plans for FEHB members, visit [kp.org/feds](https://kp.org/feds).

For a full list of benefit changes, refer to the FEHB plan brochure RI 73-321 and Kaiser Permanente Medicare *Evidence of Coverage*.

\*Free with no obligation.

# What Senior Advantage plans are available to FEHB members?

As a Federal retiree, you can select the Senior Advantage plan that best fits your lifestyle no matter what plan option you're on.

By enrolling in Senior Advantage, you get the additional benefits summarized below. See the chart on pages 18-19 for details.

## High or Standard Option members have two great choices

| Senior Advantage 1   | Senior Advantage 2   |
|--|--|
| <ul style="list-style-type: none"><li>• <b>Lower copays</b> for primary and specialty care office visits, and lower copayments for specialty care, urgent care, outpatient surgery, inpatient hospital care, emergency care, and most prescription drugs</li><li>• <b>Eyewear allowance</b> of \$200 (High Option)</li></ul> | <ul style="list-style-type: none"><li>• <b>Up to \$2,400 reimbursement</b> per year (\$200 per month) for the Medicare Part B premium you pay</li><li>• <b>Lower copayments</b> for primary care office visits (High Option), specialty care office visits, urgent care, outpatient surgery, emergency care, and most prescription drugs</li></ul> |

## Prosper members get better benefits too

- **No deductible and lower copays** for specialty care office visits, chiropractic services, outpatient surgery, inpatient hospital care, and urgent care

### All Senior Advantage options offer:

- Lower out-of-pocket maximums
- Membership in the SilverSneakers® fitness program at no extra cost<sup>13</sup>
- An allowance for over-the-counter health and wellness products
- Nonemergency transportation to medical providers (up to 18 one-way rides)



# When you can enroll in Medicare

Here's what you need to know about enrollment periods and when you can sign up for Medicare.

## Initial Enrollment Period



You can first sign up for Part A and/or Part B during the 7-month period that begins 3 months before the month you turn 65, includes the month you turn 65, and ends 3 months after the month you turn 65.

## General Enrollment Period



If you don't sign up for Part B when you're first eligible, you can sign up between January 1 and March 31 each year, for a July 1 effective date. Your coverage won't start until July 1 of that year, and you may have to pay a higher Part B premium for late enrollment.

## Special Enrollment Period (SEP)



If you continue to work past age 65 and you delayed your enrollment in Medicare Parts A and B, you can sign up during SEP. You have up to 8 months from the date you retired to enroll in Medicare Parts A and B to avoid a late enrollment penalty.



### What's next?

To learn more about Medicare benefits and eligibility, call Social Security at **1-800-772-1213** (TTY **1-800-325-0778**), Monday through Friday, 8 a.m. to 7 p.m.

If you're ready to enroll in a Kaiser Permanente Medicare health plan for Federal Members, or have questions, call our Kaiser Permanente Medicare specialists at **1-877-547-4909** (TTY **711**), Monday through Friday, 6 a.m. to 7 p.m. (PST) We'll be happy to answer your questions and walk you through the enrollment process.

# Senior Advantage (HMO) for Federal Members

Enrolling in Senior Advantage for Federal Members does not change your FEHB premium.

See page 13 for your premium share.

| 2023 Benefits and Services                               | High Option                            |                    |  |      |
|--|--|--------------------|--|------|
|  | Without Medicare                       | Senior Advantage 1 | Senior Advantage 2                     |      |
| <b>Deductible</b>  | None                                   | None               | None                                   |      |
| <b>Outpatient services</b>                               |  |                    |  |      |
| Preventive care  | \$0                                    | \$0                | \$0                                    |      |
| Telehealth   | \$0                                    | \$0                | \$0                                    |      |
| Primary care office visit                                | \$15 (\$0 for children through age 17) | \$0                | \$10 (\$0 for children through age 17) |      |
| Specialty care office visit                              | \$30                                   | \$20               | \$25                                   |      |
| Most lab tests and X-rays                                | \$0                                    | \$0                | \$0                                    |      |
| Chiropractic services – 20 visits per year               | \$30                                   | \$20               | \$25                                   |      |
| <b>Hospital services</b>                                 |  |                    |  |      |
| Outpatient surgery                                       | \$150                                  | \$20               | \$50                                   |      |
| Inpatient hospital                                       | \$500/\$250 for maternity              | \$100              | \$250                                  |      |
| <b>Emergency and urgent care</b>                         |  |                    |  |      |
| Urgent care  | \$30                                   | \$20               | \$25                                   |      |
| Emergency care   | \$200                                  | \$90               | \$90                                   |      |
| Ambulance  | \$100                                  | \$100              | \$100                                  |      |
| <b>Prescription drugs*</b>                               |  |                    |  |      |
| Generic  | Preferred                              | \$5                | \$0                                    | \$0  |
|  | Nonpreferred                           | \$10               | \$5                                    | \$5  |
| Brand  | Preferred                              | \$45               | \$20                                   | \$30 |
|  | Nonpreferred                           | \$45               | \$40                                   | \$40 |
| Specialty  | \$100                                  | \$100              | \$100                                  |      |
| <b>Preventive dental</b>                                 | Covered                                | Covered            | Covered                                |      |
| <b>Additional Senior Advantage benefits</b>              |  |                    |  |      |
| Eyewear and contact lens allowance                       | Not covered                            | \$200              | Not Covered                            |      |
| Fitness membership                                       | Not covered                            | SilverSneakers®    | SilverSneakers®                        |      |
| Over-the-counter credit for health-and-wellness products | Not covered                            | \$50               | \$50                                   |      |
| Nonemergency transportation allowance                    | Not covered                            | Covered            | Covered                                |      |
| Part B reimbursement                                     | Not covered                            | Not covered        | Up to \$200/month                      |      |
| <b>Out-of-Pocket Maximum</b>                             | \$4,000                                | \$2,000            | \$2,000                                |      |

<sup>1</sup>Deductible applies.

<sup>2</sup>Plan providers determine the drug that is medically necessary. If you request another drug, you pay prices charged to members for noncovered drugs. Some drugs may not be eligible for mail-order delivery. For certain drugs, you can get prescription refills mailed to you through our Kaiser Permanente mail-order pharmacy. You should receive them within 3–5 days. If not, please call **1-770-434-2008** or toll free **1-800-733-6345** (TTY 711).

**Notes:**

- Deductible and out-of-pocket maximum amounts are per person, but no more than 2 times per family.
- Telehealth options include video, phone, email, and more. See page 6, "Convenient ways to get care."

| Standard Option                        |  |  | Prosper            |                  |
|--|--|--|--------------------|------------------|
| Without Medicare                       | Senior Advantage 1                     | Senior Advantage 2                     | Without Medicare   | Senior Advantage |
| None                                   | None                                   | None                                   | \$250              | None             |
| \$0                                    | \$0                                    | \$0                                    | \$0                | \$0              |
| \$0                                    | \$0                                    | \$0                                    | \$0                | \$0              |
| \$20 (\$0 for children through age 17) | \$10 (\$0 for children through age 17) | \$20 (\$0 for children through age 17) | \$20               | \$20             |
| \$40                                   | \$25                                   | \$30                                   | \$40               | \$30             |
| \$0                                    | \$0                                    | \$0                                    | \$0                | \$0              |
| \$40                                   | \$25                                   | \$30                                   | \$40               | \$30             |
| \$200                                  | \$100                                  | \$120                                  | \$250 <sup>1</sup> | \$150            |
| \$750/\$0 for maternity                | \$250/\$0 for maternity                | \$400                                  | \$750 <sup>1</sup> | \$350            |
| \$40                                   | \$25                                   | \$30                                   | \$40               | \$30             |
| \$200                                  | \$90                                   | \$90                                   | \$250              | \$90             |
| \$125                                  | \$125                                  | \$125                                  | \$150              | \$150            |
| \$5                                    | \$5                                    | \$5                                    | \$5                | \$5              |
| \$10                                   | \$10                                   | \$10                                   | \$10               | \$10             |
| \$45                                   | \$25                                   | \$35                                   | \$45               | \$45             |
| \$55                                   | \$50                                   | \$50                                   | \$65               | \$65             |
| \$150                                  | \$150                                  | \$150                                  | \$200              | \$200            |
| Covered                                | Covered                                | Covered                                | Not Covered        | Not Covered      |
| Not covered                            | Not covered                            | Not covered                            | Not covered        | Not covered      |
| Not covered                            | SilverSneakers®                        | SilverSneakers®                        | Not covered        | SilverSneakers®  |
| Not covered                            | \$50                                   | \$50                                   | Not covered        | \$50             |
| Not covered                            | Covered                                | Covered                                | Not covered        | Covered          |
| Not covered                            | Not covered                            | Up to \$200/month                      | Not covered        | Not covered      |
| \$5,000                                | \$2,500                                | \$2,500                                | \$6,500            | \$3,250          |

- Prescription drug copayments are for a 30-day supply at Kaiser Permanente Plan medical office pharmacies. You pay only 2 copays for up to a 90-day supply for most drugs through Kaiser Permanente's mail-order program.
- Eyewear (lenses and frames) or contact lenses limited to once every 24 months.
- Over-the-counter credit for health-and-wellness products amount is quarterly allowance.
- SilverSneakers® is a federally registered trademark of American Specialty Health, Inc.

This is a summary of the features of the Kaiser Permanente health plan, including Kaiser Permanente Senior Advantage for Federal Members. Before making a final decision, please read Federal Employees Health Benefits (FEHB) brochure RI 73-321. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB brochure and the Kaiser Permanente Senior Advantage for Federal Members *Evidence of Coverage*.

# Quality vision and dental coverage

When you join Kaiser Permanente, you get additional discounts and services.



## Vision coverage

With Kaiser Permanente, you can choose from our many plan optometrists or ophthalmologists practicing at our Glenlake, Gwinnett, Southwood, and TownPark facilities. You pay no deductible – just a copay. Then you can take your prescription to one of our partners for a discount on your vision hardware. To find a vision hardware partner, visit [avesis.com](https://www.avesis.com) or call **404-365-0966** for the location nearest you.



## Dental coverage

Kaiser Permanente and Delta Dental Insurance Company recognize that good oral care is an important part of your general health. Your enrollment in a Kaiser Permanente FEHB plan option gives you and your family 2 ways to maintain good oral health – a preventive dental benefit administered by Delta Dental (Delta Dental PPO™), which is included as part of your High Option or Standard Option benefits, and a separate optional plan (DeltaCare® USA), which you may be able to buy for an additional premium.<sup>7</sup>

### Delta Dental PPO preventive dental coverage

With your FEHBP medical coverage in the High or Standard Option plans through Kaiser Permanente, you get dental coverage for preventive services. Your only costs will be the patient's share of the procedure during your visit. With Delta Dental PPO, you can visit the dentist of your choice, but your out-of-pocket costs are usually less when you choose to visit a Delta Dental dentist. There's no need to sign up separately for Delta Dental PPO. To search for a dentist, visit [deltadentalins.com](https://www.deltadentalins.com) and select Delta Dental PPO under the "Find a Dentist" section. For Delta Dental PPO customer service, call **1-800-521-2651**.

## Dental coverage (cont.)

### DeltaCare USA (optional plan)<sup>6</sup>

No matter which plan you choose, you can get more inclusive coverage for you and your family by adding separate coverage through Delta Dental's prepaid program for an additional monthly premium. The DeltaCare USA program has set copays and no annual deductibles or maximums for covered benefits. You'll need to choose a dentist in the DeltaCare USA network. To find a participating dentist or for more information about DeltaCare USA, go to [deltadentalins.com](https://deltadentalins.com) and select DeltaCare USA under the "Find a Dentist" section. You can also request a copy of the DeltaCare USA enrollment brochure by calling DeltaCare USA customer service at **1-844-519-8693**.

Coverage includes these types of services (see your copay schedule for a complete list of covered services):

- X-rays
- Extractions
- Root canals
- Dentures
- Fillings
- Crowns
- Orthodontics
- Periodontal scaling and root planing

### The cost of coverage for DeltaCare USA (GAA11)

| Type                    | Monthly | Twice a year |
|-------------------------|---------|--------------|
| Employee                | \$10.96 | \$65.76      |
| Employee and spouse     | \$18.81 | \$112.86     |
| Employee and child(ren) | \$18.93 | \$113.58     |
| Employee and family     | \$27.29 | \$163.74     |

# Locations near you

With your choice of great doctors and convenient locations throughout metro Atlanta, it's easy to get the care you need. Most locations offer multiple services under one roof—so you can see your doctor, get a lab test or X-ray, and pick up your medications, all without leaving the building.



Alpharetta



Athens



Brookwood at Peachtree



Cascade



Conyers



Crescent



Cumberland



Downtown Decatur



Douglasville



Fayette



Forsyth



Glenlake



Gwinnett



Henry Towne Centre



Holly Springs



Lawrenceville



Newnan



Panola



Sandy Springs



Snellville



Southwood



Southwood Specialty



Stonecrest



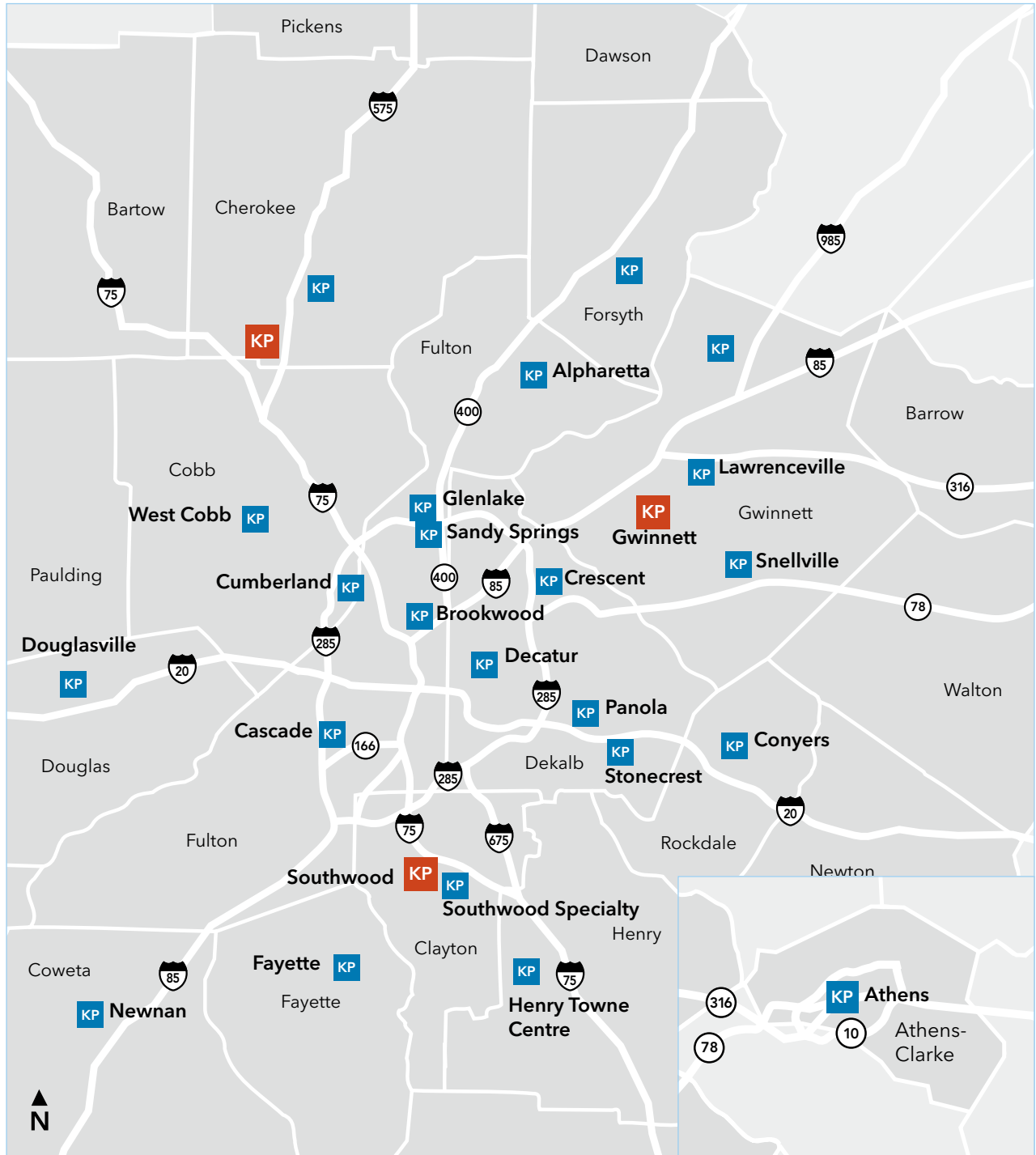
Sugar Hill-Buford



TownPark



West Cobb



Maps not to scale

- KP Kaiser Permanente Medical Facilities
- KP Kaiser Permanente Comprehensive Medical Centers

# Notes

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# Notes

A series of horizontal dotted lines for writing notes.

**1.** In the case of a pandemic, some facilities may be closed or offer limited hours and services. **2.** When appropriate and available. If you travel out of state, phone appointments and video visits may not be available due to state laws that may prevent doctors from providing care across state lines. Laws differ by state. **3.** To use the Kaiser Permanente app, you must be a Kaiser Permanente member registered on [kp.org](http://kp.org). **4.** Available on most prescription orders; additional fees may apply. For more information, contact the pharmacy. **5.** Kaiser Permanente 2021 HEDIS® scores. Benchmarks provided by the National Committee for Quality Assurance (NCQA) Quality Compass® and represent all lines of business. Kaiser Permanente combined region scores were provided by the Kaiser Permanente Department of Care and Service Quality. The source for data contained in this publication is Quality Compass 2021 and is used with the permission of NCQA. Quality Compass 2021 includes certain CAHPS data. Any data display, analysis, interpretation, or conclusion based on these data is solely that of the authors, and NCQA specifically disclaims responsibility for any such display, analysis, interpretation, or conclusion. Quality Compass® and HEDIS® are registered trademarks of NCQA. CAHPS is a registered trademark of the Agency for Healthcare Research and Quality. **6.** These services aren't covered under your health plan benefits and aren't subject to the terms set forth in your Evidence of Coverage or other plan documents. These services may be discontinued at any time without notice. **7.** These benefits are neither offered nor guaranteed under contract with the FEHB Program, but are made available to all enrollees and family members who become members of Kaiser Permanente. **8.** myStrength® is a wholly owned subsidiary of Livongo Health, Inc. The coaching services are neither offered nor guaranteed under contract with the FEHB Program, but are made available to enrollees and family members, aged 18 and older, who become members of Kaiser Permanente. **9.** We will send you a Kaiser Permanente health payment card 4 to 6 weeks after you complete your first activity. We will load rewards when you complete activities, so keep the card until it expires. Rewards you earn during a plan year can be used to pay for qualified medical expenses through March 31 of the following year. Go to [kp.org/feds](http://kp.org/feds) to learn more and get started. **10.** If you believe you have an emergency medical condition, call 911 or go to the nearest hospital. For a definition of emergency, see Section 5(d) of your FEHB brochure. **11.** This number can be dialed inside and outside the United States. Before the phone number, dial "001" for landlines and "+1" for mobile lines if you're outside the country. Long-distance charges may apply, and we can't accept collect calls. The phone line is closed on major holidays (New Year's Day, Easter, Memorial Day, July Fourth, Labor Day, Thanksgiving, and Christmas). It closes early the day before a holiday at 10 p.m. Pacific time (PT), and it reopens the day after a holiday at 4 a.m. PT. **12.** Includes Medicare Parts A, B, and D in a single plan. **13.** SilverSneakers and the SilverSneakers shoe logotype are registered trademarks of Tivity Health, Inc. SilverSneakers On-Demand and SilverSneakers GO are trademarks of Tivity Health, Inc. © 2019 Tivity Health, Inc. All rights reserved.

This is a summary of the features of the Kaiser Permanente health plan. Before making a final decision, please read the plan's Federal brochure (RI 73-321). All benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochure. The services listed on page 8 ("Healthy resources") and on page 20 (eyewear and dental coverage) are neither offered nor guaranteed under contract with the FEHB Program, but are made available to all enrollees and family members who become members of Kaiser Permanente. This plan's RI brochure is available on the internet at [kp.org/feds](http://kp.org/feds). A paper copy is also available, at no charge, by calling **404-261-2590**, Monday through Friday, 7 a.m. to 7 p.m. For TTY, call **711**.

Notice of Summary of Benefits and Coverage (SBC): Availability of Summary Health Information  
The Federal Employees Health Benefits (FEHB) Program offers numerous health benefits plans and coverage options. Choosing a health plan and coverage option is an important decision. To help you make an informed choice, each FEHB plan makes available a Summary of Benefits and Coverage (SBC) about each of its health coverage options, online and on paper. The SBC summarizes important information in a standard format to help you compare plans and options. This plan's SBC is available on the internet at [kp.org/feds](http://kp.org/feds). A paper copy is also available, at no charge, by calling **404-261-2590**, Monday through Friday, 7 a.m. to 7 p.m. For TTY, call **711**. To find out more information about plans available under the FEHB Program, including SBCs for other FEHB plans, please visit [opm.gov/insure](http://opm.gov/insure).

Kaiser Permanente is an HMO and HMO-POS plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. To join a Kaiser Permanente Medicare health plan, you must reside in the Kaiser Permanente Medicare health plan service area in which you enroll. Enrolling in a Kaiser Permanente Medicare health plan for Federal Members will not affect the benefits you receive through the Federal Employees Health Benefits (FEHB) Program, although the network and other rules of Medicare may apply. FEHB Program coverage is described in FEHB brochure RI 73-321. You can enroll in Kaiser Permanente Medicare health plan for Federal Members if you have Medicare Part B and are an FEHB Kaiser Permanente member.

# Let us help you find your healthy place

Having a good health plan is important for peace of mind. So is getting quality care. With Kaiser Permanente, you get both.

## Care is just a click away with convenient online tools

### Already a member?

Manage your care online anytime at [kp.org](https://kp.org). If you haven't already, go to [kp.org/registernow](https://kp.org/registernow) so you can start emailing your doctor's office with nonurgent questions, schedule routine appointments, order most prescription refills, and more.

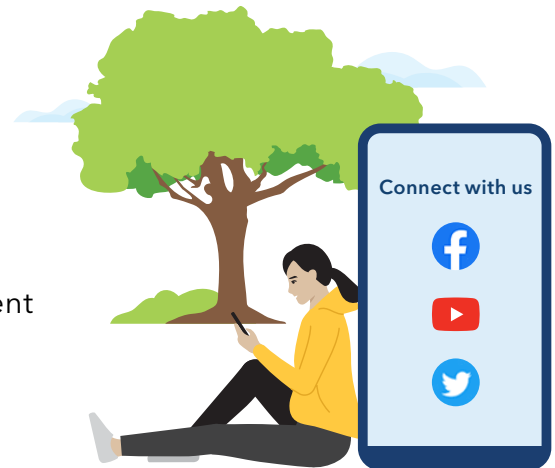
### Not a member yet?

For more information, visit [kp.org/feds](https://kp.org/feds) or call **1-855-315-1006** (TTY **711**), Monday through Friday, 10 a.m. to 8 p.m.

**Open Season hours:** Monday through Friday, 9 a.m. to 10 p.m.

### Once you join ...

Visit [kp.org/newmember](https://kp.org/newmember) to get started. It's easy to register at [kp.org](https://kp.org), choose your doctor, transfer your prescriptions, and schedule your first routine appointment. And if you need help, just give us a call.



## Care near where you live and work

You're free to see different doctors at different locations. Browse your convenient care options at [kp.org/facilities](https://kp.org/facilities).

Kaiser Foundation Health Plan, Inc.  
Nine Piedmont Center  
3495 Piedmont Road NE  
Atlanta, GA 30305

**Important plan information**

<Recipient Name>  
<Address>

Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 1300 SW 27th St., Renton, WA 98057