



# HEALTHIER LIVING. REWARDED.

NEW FOR 2021

## EARN UP TO \$400 IN HEALTHY REWARDS

High and Standard Option members earn more to get fit

Getting healthier has never been more rewarding. Earn up to \$200 each with Standard or High Option for you and your spouse to pay toward qualified medical expenses<sup>1</sup> when you complete two easy activities:

STEP

1

### Take the Total Health Assessment

Fill out our Total Health Assessment, an online questionnaire that gives you a wellness action plan.

For Basic Option, you can earn up to \$750 in Healthy Rewards (\$375 each for you and your spouse) when you complete these activities.

STEP

2

### Complete health screenings

Complete the following biometric screenings: blood glucose, blood pressure, body mass index (BMI) and total cholesterol.

No matter what option you choose—Standard, High, or Basic—you can take steps to be your healthiest and earn rewards to pay for qualified medical expenses.<sup>1</sup>

Choose the plan option that's right for your family, your wallet, and your life.

Get paid for getting fit. Visit [kp.org/engage](https://kp.org/engage) to learn more and get started.



KAISER PERMANENTE

# HEALTH PAYMENT CARD Q&A

## How can I use my health payment card?

You can use your Kaiser Permanente Health Payment Card to pay for qualified medical expenses such as:



- Cost sharing for covered services at Kaiser Permanente
- Prescription eyeglasses or contact lenses
- Other IRS-qualified medical expenses, including dental treatment costs
- Prescription medications in Kaiser Permanente medical facility pharmacies

## Where can I use my card?

You can use your card at Kaiser Permanente medical offices, pharmacies, hospitals, and optical centers. You may also use the card anywhere that accepts health payment cards for IRS-qualified medical expenses.

## When does the amount on my card expire?

Rewards you earn during a plan year may be used until March 31 of the next calendar year. Any remaining card balance will be forfeited if your Kaiser Permanente FEHB coverage ends. We may discontinue the card if we end the program.

## How do I check my card balance?

Call Health Payment Services at the number listed on the back of your card.

## Should I throw my card away when the balance is \$0?

No. As you complete activities, we'll add rewards to your card—so be sure to keep it handy. We won't send you a new card until you reach the expiration date on your card.

## Any questions?

Visit [kp.org/engage](https://kp.org/engage).

For questions about completing a Total Health Assessment or healthy lifestyle program, call **866-300-9867**, Monday through Friday, 11 a.m. to 8 p.m. (closed holidays). You can also email us at [rewardscustomerservice@kp.org](mailto:rewardscustomerservice@kp.org).

For questions about your card balance or qualified medical expenses, call us at **877-761-3399**, Monday through Friday, 8 a.m. to 10 p.m. (closed holidays).

<sup>1</sup>The rewards program is open to Kaiser Permanente FEHB subscribers and their enrolled spouses 18 and older. You must accept the Wellness Program Agreement on [kp.org/engage](https://kp.org/engage) to be eligible to earn rewards. You can take the Total Health Assessment as often as you like, but you can only earn a reward for it once during the reward period. Some biometric activities may require you to contact your Permanente physician. To find out how to get the screening you need, call the customer service number on the back of your Kaiser Permanente ID card. We will send each eligible member a Kaiser Permanente Health Payment Card 4-6 weeks after they complete their first activity. See the full list of qualified medical expenses in IRS Publications 502, *Medical and Dental Expenses*, and 929, *Health Savings Accounts and Other Tax-Favored Health Plans*, at [irs.gov/publications](https://irs.gov/publications).

This is a summary of features of the Kaiser Permanente health plan. Before making a final decision, please read your Plan's Federal brochure. All benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochure.